



MULLINGAR LIONS CLUB

Invite you to the launch of

MYSELF

Mullingar Youth Supports Embracing Local Families

On 26th May, at 8.30pm
in the Greville Arms Hotel, Mullingar

MYSELF is an information booklet promoting an understanding of positive mental health for young people and families in our community. It contains useful websites and help lines available locally and nationally.



Mullingar Lions Club
www.mullingarlions.com

Mullingar Mental Health Association
www.aisling.ie

 Find us on
Facebook